

FACULTY

Dr. John Ryan is a senior physical therapist working for Health First in Melbourne, Florida. He is a graduate of the University of Indianapolis, Krannert School of Physical Therapy where he earned both a Masters and Doctor of Health Science degree. His clinical practice and research interests are in the evaluation and treatment of vestibular disorders and fall prevention for older adults. He is an experienced educator presenting seminars nationally in the areas of vestibular and balance dysfunction in addition to his role as adjunct instructor at the University of Central Florida School of Physical therapy. John is a member of the East Central Florida Memory Disorders Clinic research committee and the State of Florida Falls Prevention Coalition. He has published on the subjects of geriatrics, health promotion and wellness. Dr Ryan is a clinician, researcher and educator, and considered to be one of the leading therapists in the care of balance and fall prevention in the Southeastern United States.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant.

AOTA Approved Provider of Continuing Education # 3073

The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



BOC - Board of Certification, Inc. Approved Provider # P-2563



DATE & LOCATION

Course Date
March 6 & 7, 2010

Course Location
Stephens County Historical Society
Conference Center
160 North Alexander St.
Toccoa, GA 30577

Sponsored by:
Stephens County Hospital
www.stephenscountyhospital.com

In conjunction with:
Therapy Network Seminars

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

AUDIENCE

This is an *introductory level* course designed for Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Occupational Therapy Assistants and Certified Athletic Trainers.

CANCELLATION/REFUND

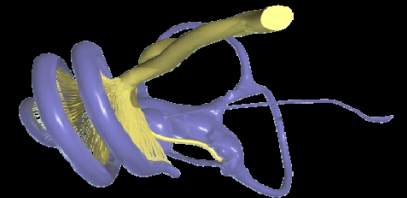
POLICY: Registration fee less a \$55 administrative charge is refundable if cancellation received **14 days prior to program date. No refunds will be given after that time.** Stephens County Hospital reserves the right to cancel a seminar and will refund in full the registration fee only. We are NOT responsible for registrants non-refundable airfare, accommodations or fees.

**BALANCE DYSFUNCTION
& DIZZINESS**

EVALUATION & TREATMENT

FACULTY

**John J. Ryan,
PT, DHS**



Toccoa, GA
March 6 & 7, 2010

Phone: (706) 282-4461
www.stephenscountyhospital.com

OBJECTIVES

- *Identify anatomy and pathophysiology as it relates to balance control
- *Describe the factors that make the older adult more prone to falls
- *Differentiate the patient report of dizziness into one of three possible etiologies: vestibular dysfunction, disequilibrium, or non-vestibular dysfunction
- *Identify non-vestibular causes for dizziness and possible treatment options
- *Demonstrate skill in the use of the (1) special vestibular tests, (2) motion sensitivity tests and (3) standardized balance and mobility tests presented in this seminar
- *Perform a detailed subjective/objective evaluation of the patient who presents with balance dysfunction or dizziness
- *Interpret the results of subjective and objective vestibular evaluative data and differentiate between peripheral or central vestibular disorders

SEMINAR DESCRIPTION

This is a fundamental course for clinicians who treat adult patients with balance disorders especially due to vestibular dysfunction. Special attention will be given to treatment for older adults who may be at risk for falling. Those who attend will receive clinically relevant instruction based on the most current information in the field of vestibular rehabilitation and fall prevention. The seminar will present an efficient method of interviewing patients and the most effective tests to help identify the source for imbalance or dizziness. Evidenced-based treatment will be demonstrated with participants having the opportunity to practice each evaluative and treatment technique in the lab sessions. Patient compliance is essential for long-term benefit from balance rehabilitation. Therefore, a strong emphasis will be placed on patient education, and methods to enhance patient compliance.

COURSE SCHEDULE

SATURDAY

- 8:00 Registration & Continental Breakfast
8:30 "Need to Know" Vestibular Anatomy & Physiology
VESTIBULAR PATHOPHYSIOLOGY & EVALUATION
9:00 Benign Paroxysmal Positional Vertigo
9:45 **Lab:** Positional Testing
10:30 BREAK
10:45 Differential Diagnosis Part One
12:00 LUNCH - ON YOUR OWN
1:00 **Lab:** Evaluation Procedures Part One
2:00 Differential Diagnosis Part Two
3:00 BREAK
3:15 **Lab:** Evaluation Procedures Part Two
4:15 Non-Vestibular Sources of Imbalance & Dizziness
5:30 Questions & Answers, Adjourn

SUNDAY

- 7:45 Continental Breakfast
8:00 Case Study Presentation
8:30 Standardized Balance and Vestibular Screens and Tests
9:30 **Lab:** Screens & Tests
10:30 BREAK
10:45 VESTIBULAR TREATMENT
Canalith Repositioning Techniques **(with Lab)**
12:00 LUNCH - ON YOUR OWN
1:00 Vestibular Retraining **(with Lab)**
2:00 WHAT MAKES OLDER ADULTS PRONE TO FALLING?
3:00 BREAK
3:15 Fall Prevention Treatment
4:00 TOOLS TO HAVE ON HAND IN THE CLINIC
4:15 Case Study Discussion
5:00 Questions & Answers, Adjourn

REGISTRATION

Vestibular and Balance Course

Tuition \$285

Class Size Limited to 20 people

4 WAYS TO ENROLL

BY MAIL

Mail registration and payment to:
Stephens County Hospital
Rehabilitation Dept.
c/o Troy Hayward, MS CCC/SLP
163 Falls Road; Toccoa Falls, GA 30577

BY PHONE

Call (706) 282-4461

BY FAX

(706) 282-4416
(Credit Card Registrations only)

ON-LINE

www.stephenscountyhospital.com

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